

READY, STEADY, GO



Preparation for Committed Partnership

This one-day experiential workshop will touch on all of our experiences of relationship, past and present. During this time, we will think about why relationships turn out the way they do for us, we will explore the purpose and meaning of relationships we have or have had, whether they succeed or not and we will explore what we might do to improve them in the future. This workshop is for single people wanting to get ready for next time, newer couples who want to get the best start they can and established couples wanting to do things differently. It forms a 'taster' for a developmental group due to take place over six sessions, starting in April 2009. This group called 'A Journey of the Heart', which will go more deeply into the material that takes place during this day

THIS WORKSHOP IS FOR ANYONE WHO WANTS TO:

- Learn from past relationships
- Know more about why past relationships haven't worked.
- Prepare for future relationships
- Improve current relationships
- Make good relationships even better

It will take place on

Saturday, 28th February, 2009, 11am to 5pm

CCPE, 2 Warwick Crescent, London, W2 6NE

COST: £120.00

BOOK BY December 28th and pay only £102

Some low cost places are available for unemployed/low waged



I am a UKCP Registered Psychotherapist with 16 years experience as an integrative psychotherapist, group facilitator and trainer. I have a B.Sc. Honours degree in Psychology, a M.Sc. in Organisational Psychology and post-graduate Diplomas in Psychotherapy & Counselling, Counselling Supervision & Advanced Psychotherapy. I am also a Certified IMAGO Relationship Therapist®.

Places are limited

For further information and to book your place contact
CATHY MCDERMOTT on 02087769590 or 07790075431 or email:
info@cathymcdermott.com or complete the form overleaf.

2009 CALANDAR

IMAGO Through Conflict to Connection

Mar 21st

A half-day workshop introducing the basic theory and principles of this powerful approach to committed relationship

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Basic Communication Skills

Jun 26th

Using theory and concepts from many schools of thought including IMAGO, Systems Theory, Non-violent communication and Transpersonal approaches, this is a practical workshop providing skills to improve communication in all relationships, both personal and professional

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Relationship A Journey of the Heart

Starts April 2009

A fortnightly group over six sessions for people who want to know more about relationships and particularly, about themselves in relationships, using the principles and techniques of IMAGO relationship therapy.

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OTHER SERVICES INCLUDE

Relationship Therapy for couples

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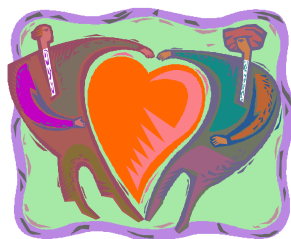
Individual Counselling &
Psychotherapy

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Individual and Group supervision for counsellors, therapists & couple workers

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Organisational training and development



To book your place contact Cathy on 07790075431 or 02087769590 or complete the form below and return with a cheque for the full amount to: Cathy McDermott, c/o CCPE, Beauchamp Lodge, 2 Warwick Crescent, London, W2 6NE.

Name

Address

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Telephone

Email

Other

I would like to book place/s on the Group/workshop starting/taking place on 2009 and enclose a cheque for £.....

Weekend workshops cost £260 per person

One-day workshops cost £120 per person

Half-day workshops cost £70 per person

(Price includes extensive handouts and your own personal workbook.)

Book any workshop two months in advance and receive 15% discount

(Some low cost places are made available for unemployed/low waged)

Cheques should be made payable to Cathy McDermott

Cancellation arrangements:

One Month = full refund minus £50.00

One month to two weeks = 50% of fee payable

Two weeks or less = full fee payable

In the unlikely event that a workshop has to be cancelled for any reason, you will receive a full refund and where possible, a minimum of one months notice

CPD/Attendance certificates can be provided upon request

These groups and workshops also take place in Beckenham, Kent, BR3