

# Through conflict

# to connection

An introduction to IMAGO



Based on the work of Harville Hendrix, author of 'Getting the Love You Want', this introduction provides an opportunity to learn about the theory and techniques of IMAGO Relationship Therapy.

This half-day event is for anyone, therapists, couples and singles, who wants to:

- Understand why we pick the partners we do
- Have a deeper understanding of repeated negative patterns in relationship
- Understand the deeper purpose and meaning of conflict and relationship
- Learn a practical method of communication to navigate our way through difficulties to resolution and growth.

It will take place on  
**SATURDAY, 21<sup>ST</sup> OF MARCH 11am to 3pm at**

CCPE, 2 Warwick Crescent, London, W2 6NE

**COST: £70.00**

**BOOK BY January 21<sup>st</sup> and pay only £59.50**

Some low cost places are available for unemployed/low waged



I am a UKCP Registered Psychotherapist with 16 years experience as an integrative psychotherapist, group facilitator and trainer. I have a B.Sc. Honours degree in Psychology, a M.Sc. in Organisational Psychology and post-graduate Diplomas in Psychotherapy & Counselling, Counselling Supervision & Advanced Psychotherapy. I am also a Certified IMAGO Relationship Therapist®.

## OTHER EVENTS

In 2009

### Ready, Steady, Go Preparation for Committed Partnership

Feb 28<sup>th</sup>

A one-day experiential workshop for single people wanting to get ready for next time, newer couples who want to get the best start they can and established couples wanting to do things differently.

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## RELATIONSHIPS

### A Journey of the Heart

Starting April 9<sup>th</sup>, 2009

A fortnightly group over six sessions for people who want to know more about themselves in relationships using the principles and techniques of IMAGO Relationship therapy.

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## Basic Communication Skills

Jun 26<sup>th</sup>

Using theory and concepts from many schools of thought including IMAGO, Systems Theory, Non-violent communication and Transpersonal approaches this is a practical workshop providing skills to improve communication in all relationships, both personal and professional

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## OTHER SERVICES INCLUDE

Relationship Therapy for couples

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Individual Counselling & Psychotherapy

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Individual and Group supervision for counsellors, therapists & couple workers

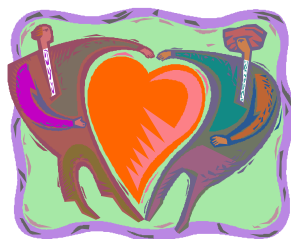
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Organisational training and development

Places are limited

For further information and to book your place contact  
CATHY MCDERMOTT on 02087769590 or 07790075431 or email:

[info@cathymcdermott.com](mailto:info@cathymcdermott.com) or complete the form overleaf.



To book your place contact Cathy on 07790075431 or 02087769590 or complete the form below and return with a cheque for the full amount to: Cathy McDermott, c/o CCPE, Beauchamp Lodge, 2 Warwick Crescent, London, W2 6NE.

Name .....

Address .....

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Telephone .....

Email .....

Other .....

I would like to book ..... place/s on the ..... Group/workshop starting/taking place on ..... 2009 and enclose a cheque for £.....

Weekend workshops cost £260 per person

One-day workshops cost £120 per person

Half-day workshops cost £70 per person

(Price includes extensive handouts and your own personal workbook.)

**Book any workshop two months in advance and receive 15% discount**

(Some low cost places are made available for unemployed/low waged)

**Cheques should be made payable to Cathy McDermott**

Cancellation arrangements:

*One Month plus = full refund minus £25.00*

*One month to two weeks = 50% of fee payable*

*Two weeks or less = full fee payable*

In the unlikely event that a workshop has to be cancelled for any reason, you will receive a full refund and where possible, a minimum of one months notice

CPD/Attendance certificates can be provided upon request

These groups and workshops also take place in Beckenham, Kent, BR3